

**Rite of Polarity Balance**  
As given by the Archangel Metatron

All Beloved, let us enter into the still space of the chambers of our hearts, where we will find the eternal Divine Spark which burns eternally in our souls.

Let us put aside now, our earthly cares and concerns and still the chattering of our minds. In the stillness now, we transcend time, space, physicality and dimensions. Let us now become One with the One Consciousness who exists in the nameless, formless void which is the womb of all Creation. Be in the stillness now, and know the Oneness.

From the One Consciousness, existing in the nameless, formless void, there came Two, the Divine Father of all Creation and the Divine Mother of all Creation, They are the Light and the Love which gave birth to the Divine Child, the living universe in which we have our being. This is as it must be, for the light cannot be known without the darkness, the male without the female, the heavens without the earth, or the One without the Many.

The Two, the Divine Father and the Divine Mother are present in every atom of Creation, ever striving for the equal balance and flow of our polarity universe. Within Them, we also find our balance, the One, within ourselves, and the Many all together.

In the chambers of our hearts, let us now invoke them, the Divine Father and the Divine Mother, equal and opposite, to bring balance to our own being; spirit and soul, masculine and feminine, light and darkness.

Beloved Divine Father and Divine Mother, we ask you now to breathe upon the divine spark in our hearts, until it burns brightly. We ask you to assist us in bringing balance to the disconnected parts of our being; to bring the light of spirit into balance with the darkness of our souls; to bring the male in each of us into balance with the female; to balance our inner being with our outer human lives and to bring light and love into our being in equal measure.

All Beloved, let us now be Many as One, One as Many and receive the outpouring of the Divine Father and the Divine Mother, each One of us as we need; the Many of us One with One Another.

Let us now, in the Presence of the Divine Father and the Divine Mother, restore the balance and harmony of our whole being, and also as we live with one another. Let not one be diminished or exalted over the other, but each in equal measure.

Let us now, as One who is Many and Many who is One by virtue of the polarities of the Divine Father and the Divine Mother, receive Their Blessing and Benediction as we prepare to return to the world of humanity. Let us go forth, putting aside the duality which exalts one and diminishes the other, and embracing the polarity of balance of opposites in equal measure. Let the Grace of the Divine Mother and the Divine Father be outpoured upon us, now and forever.

And so it is, in the Name of Mother-Father God.



LOVE AND EMPOWERMENT  
Under the Auspices of the Archangel Metatron